

WEEK NUMBER : ONE

Monday	Tuesday	Wednesday	Thursday	Friday
HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE
Savoury mince served with yorkshire pudding Or Vegetable & quorn casserole served with yorkshire pudding # Mashed potatoe Medley vegetables # Traybake Fresh fruit salad or yoghurt	Sausage roll Or Vegetable Ragu # Potatoes Green beans & carrots # Traybake Fresh fruit salad or yoghurt	Roast pork & stuffing Or Vegetable Burger # Roast potatoes Vegetables # Apple crumble & custard Fresh fruit salad or yoghurt	Pasta Bolognese served with garlic bread Or Vegetable Quiche # Rice Peas/sweetcorn # Rice pudding Fresh fruit salad or yoghurt	Fish Or Vegetarian special # Chips Mushy peas # Doughnut Fresh fruit salad or yoghurt
FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE
Daily special Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads
GO ZONE	GO ZONE	GO ZONE	GO ZONE	GO ZONE
Selection sandwiches Packed lunches Pasta king Cold drinks	Selection sandwiches Packed lunches Pasta king Cold drinks	Selection sandwiches Packed lunches Pasta king Cold drinks	Selection sandwiches Packed lunches Pasta king Cold drinks	Selection sandwiches Packed lunches Pasta king Cold drinks
<p>In addition to the above, fresh fruit, yoghurt, bread & butter, cold meats, cheese, salads and an assortment of cold desserts will be available on a daily basis.</p> <p>Cold fillings for jacket potatoes will consist of tuna mayonnaise, pink salmon, cheese, pasta salad, coleslaw, egg mayonnaise, etc (HC = Healthy Choice)</p>				



WEEK NUMBER : TWO

Monday	Tuesday	Wednesday	Thursday	Friday
HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE
Chicken Casserole served with dumplings Or Vegetable burger # Boiled potatoes Peas & carrots # Traybake Fresh fruit salad or yoghurt	Lasagne served with garlic bread Or Vegetable curry # Cauliflower & green beans # Traybake Fresh fruit salad or yoghurt	Roast gammon served with yorkshire pudding Or Vegetable Stirfry # Roast potatoes Carrots & green beans # Fruit sponge & custard Fresh fruit salad or yoghurt	Sausages Or Macaroni cheese # Mashed potato Mixed Vegetables # Eves pudding & custard Fresh fruit salad or yoghurt	Chicken nuggets Or Vegetarian special # Chips Baked beans # Dessert Special Fresh fruit salad or yoghurt
FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE
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WEEK NUMBER : THREE

Monday	Tuesday	Wednesday	Thursday	Friday
HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE	HOME ZONE
Mince with leek suet topping Or Vegetable sausages in gravy # Midi potatoes Mixed Vegetables # Traybake Fresh fruit salad or yoghurt	Spicy Chicken with stir-fry vegetables and rice noodles Or Tomato basil pasta bake # Rice # Peas & sweetcorn # Syrup sponge & custard Fresh fruit salad or yoghurt	Roast Bacon loin Or Chilli Burritos # Roast potatoes Green beans & carrots # Sprinkle Sponge served with custard Fresh fruit salad or yoghurt	Pizza Or Vegetable curry served with rice # Herby dice potatoes Vegetables # Ice cream served with toffee sauce Fresh fruit salad or yoghurt	Fish Or Vegetarian special # Chips Baked beans / vegetables # Traybake Fresh fruit salad or yoghurt
FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE	FAST ZONE
Daily special Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads	Plain jackets Filled jackets Assorted salads
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